
St. David Tigers



Athletic Handbook

2022-2023

ST. DAVID HIGH SCHOOL

Mascot: Tigers

School Colors: Blue & Gold

ATHLETIC OFFERINGS

Fall: Football, Cheerleading, Volleyball, Cross Country

Winter: Girls Basketball, Boys Basketball, Cheerleading, Wrestling

Spring: Baseball, Softball, Tennis, Track & Field

ATHLETIC STAFF

Athletic Director: Kyle Merrill

Assistant AD: Matt Brogan

Athletic Secretary: Heather Richardson

Cross Country: Richard Jones

Football: Braden Davis

Cheerleading: LeeAnn Welch

Volleyball: Breana Tillett

Girls Basketball: Matt Brogan

Boys Basketball: Nathan Richardson

Wrestling:

Baseball: Ron Goodman

Softball: Yogi Wilson

Track: Seneca Richardson

Tennis:

ST. DAVID MIDDLE SCHOOL

Mascot: Tigers

School Colors: Blue & Gold

ATHLETIC OFFERINGS

1ST QUARTER: Football, Volleyball, Cross Country

2ND QUARTER: Boys Basketball, Softball

3RD QUARTER: Girls Basketball, Wrestling

4TH QUARTER: Baseball, Track & Field

ATHLETIC STAFF

Football: Tyler Deneweth

Volleyball: Rachel Fry

Cross Country:

Boys Basketball: Laron Richardson

Softball: AJ Jacquez

Girls Basketball: Laron Richardson

Wrestling:

Track: Greg Barker

Baseball: Brad Haynie

NON-DISCRIMINATION NOTICE

(Governing Board policies AC and GBA)

Saint David USD No.21 does not discriminate on the basis of race, color, national origin, sex, age, or disability in admission to its programs, services, activities, in access to them, in treatment of individuals, or in any other aspect of their operations. St. David USD No.21 also does not discriminate in its hiring or employment practices. This notice is provided as required by Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendments of 1972, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990. Questions, complaints, or requests for additional information regarding these laws may be forwarded to the designated compliance coordinator listed below:

Mr Kyle Hart, Superintendent
70 E. Patton Street St. David, AZ
520-720-4781
Monday through Friday 7:00 am to 3:30 pm

Kyle Merrill Compliance Officer/Title 2/ Title IX Coordinator
70 E. Patton Street St. David, AZ
520-720-4781
Monday through Friday 7:00 am to 3:30 pm

Mr. Andrew Brogan, 504 Coordinator
70 E. Patton Street St. David, AZ
520-720-4781
Monday through Friday 7:30 am to 3:30 pm

Violations shall be reported to the Superintendent.

Role of Parent

(Athletic and Non-Athletic)

Even though the student plays a central role in our program, we cannot effectively teach the student without the understanding and support of the parent. It is our hope that parents will join us in our approaches to educating students through competition and that we can work tighter for the benefit of the student competitor.

To begin with, it is important for competitors and their parents to realize that, while being number one is a worthwhile goal in competition, it is not possible for all high school students to achieve first string or starter status. We believe it should be the goal of all competitors to develop their own abilities to the highest degree, and that being a high point man or leading runner is often not realistic or desirable. We would like to see students in our program learn the benefits of teamwork, sacrifice, dedication, and hard work. Hopefully, parents can assist their students in understanding that effort is paramount to success and none can outdo their own abilities. Parents, we hope, can help students see the worth of supportive roles should others on the team have greater abilities, and can reinforce the ideals of hard work and taking direction from coaches. With these factors at work, any student can receive a positive feeling about making a contribution to a team or group.

Parents should also realize that in choosing a high school faculty, we seek and find competent and qualified teachers who can fill many roles within our system. Our goal is to provide a well rounded, through educational experience for each student. Much second guessing and criticism of coaches could be laid to rest, if parents could understand the many factors and qualities that go into the makeup of a successful professional educator and coach. Our coaches are not chosen in the same way as the professional coaches at the college and professional sports levels. Our coaches are also responsible for teaching, hall duty, grading papers, and numerous other duties which work to the benefit of the students.

In summary, it is our hope that parents will take an active role in our competitive programs by supporting their student in a positive way, while helping the student to understand his or her place and potential.

Being a parent is often challenging, this effort and responsibility is frequently complicated by being a parent of an athlete. This handbook, with its guidelines and suggestions, will give you some insights into this responsibility.

There are many relationships which are involved in being the parent of an athlete.

The Player-Coach Relationship:

Unfortunately, through televised games and the more recent proliferation of cable TV, many adults feel that they understand or perhaps know more than many coaches. Everyone becomes an expert. While this newfound expertise may heighten your appreciation of a sport, as a parent, however, you are not the coach.

The player-coach relationship is perhaps the most critical relationship in athletics. Unfortunately, a parent can have a pronounced effect on this very important and delicate relationship. While you may not agree with all decisions of a coach, how and when you express your feelings can have a decided effect upon your child.

If you express a negative opinion in the presence of your child, you need to remember that he or she will return to practice the next day and may carry with him or her your convictions. Your son or daughter will then have to interact with this coach. You, as the parent, can greatly affect this delicate relationship.

Receiving technical or strategic instruction at home may interfere and conflict with the instructional process at practice sessions and games. This may ultimately impede your son or daughter's progress and affect his or her playing time or even winning a starting position.

The Parent-Coach Relationship:

In your role as a parent, you obviously love and are concerned about your child's welfare. You want the best for him or her. But an athlete can have only one coach. Allowing the coach to instruct and guide the team is crucial in many respects.

Should you have any questions or concerns, do not approach the coach immediately at the conclusion of a contest. At this time, coaches have other responsibilities and it may be an emotional time. Call and make an appointment for a later time and approach this meeting in a calm, courteous and logical manner.

One of the responsibilities which a coach has at the conclusion of a contest is to have a brief meeting with his or her players. Athletes should not pause to talk to parents or friends immediately after games. These brief meetings are essential to the learning process involved in athletics.

The Parent-Player:

Some parents may try to live through their child's athletic efforts. Being positive and supportive is important, but adding pressure and unrealistic expectations can be extremely harmful. Allow your son or daughter to enjoy and grow from this valuable experience. In numerous national studies, it has been determined that most athletes participate for enjoyment or fun. Excessive pressure or expectations can alter this most fundamental reason for playing.

When you do speak with your child after a contest, don't dwell on his or her play, how many points they scored or if they started. Instead, first ask how the team did? Did your son or daughter play hard, give 100% and have a good experience?

Relationships with Officials:

There is an age-old refrain often used by irate fans. "How much are you paying the officials?" The home school does not get the officials. The commissioner of the particular sport assigns all officials and neither team has control of which officials are assigned.

Officials agree to and follow a code of ethics. They really do not care or have a vested interest in which team emerges as the victor. It is also important to understand that they are a very necessary part of a game. A contest cannot be played without them.

So while you may not agree with all of their calls (who does?), please do not harass and taunt them. It is also important to remember that they are in charge of the contest and have complete authority to have unruly spectators removed. In many sports, a team will see the same official several times during a season. Coaches, athletic administrators and schools often work hard to establish a rapport and good working relationship which can easily be damaged by spectators.

Spectator-Cheerleader:

Cheerleaders try to infuse spirit into the fans/spectators and to lead them in selected cheers. Taking this responsibility into your own hands is not appropriate. Fans who leave the stands to direct cheers may often cause or lead to confrontations with the opponents. Following the cheerleaders' directions, therefore, is absolutely necessary at all athletic contests.

The emotion and atmosphere at athletic contests can be very exciting and the cheerleaders need to be allowed to direct and control this aspect of the event.

In addition to embracing and committing to the St David High School Philosophy of Athletics, we will also encourage and promote:

- The belief that athletes should participate in multiple sports and not specialize in any one specific sport.
- The concept of the broadest-based participation possible by offering all of the teams which we can, and extending the opportunity to participate to as many students as possible.
- The premise that all teams are considered vital for our student-athletes and each is a valued part of our athletic program. No one sport is considered more important than any other.
- The approach that all teams are treated as fairly as possible.

Sportsmanship

Since athletics should be educational in nature, it is important that all parents demonstrate good sportsmanship and serve as role models for our

athletes and students. Sportsmanship is an overt display of respect for the rules of sport and for all others – players, coaches, officials and fans. It also involves a commitment to fair play, ethical behavior, and integrity. This means:

- There can be no vulgar or inappropriate language from our fans or spectators.
- Taunting or trash talking of our opponents and their cheerleaders cannot and will not be tolerated.
- Spectators cannot leave the bleachers or enter onto the court or field during a contest.
- Fans should be supportive and positive. Cheering should be done for our team and not against our opponent.
- We should not impede or interfere with our opponent's cheerleaders from leading their cheers.

Responsibilities of an Athlete

Most coaches would expect an athlete to adhere to the following guidelines:

- The team's goals, welfare and success must come before any individual.
- An athlete needs to consistently attend practice sessions.
- Players must be receptive to coaching.
- Team members are responsible for all issued uniforms and equipment.
- As a member of a team, an athlete must agree to and follow the team rules. Athletes need to remember that they are ambassadors and represent not only themselves, but also the coaching staff and the school.
- If injured, an athlete must report all injuries to a member of the coaching staff. It is vital that treatment is received and the proper

rehabilitation program is followed in all treatment of injuries. If a coach is not made aware of an injury or medical condition that can severely injure or harm an athlete, the ability for the coach to help protect that student/athlete is greatly impacted.

Responsibilities of a Coach

At St David High School, a coach has the responsibility for the following:

- The determination of the style of play, including the offensive and defensive philosophy.
- The teaching and instruction at practice sessions.
- The determination of who starts and how long an athlete plays in a contest.
- The decision of who plays in what position.
- The establishing of team rules.
- The selection of team captains.
- The communication with athletes and parents with respect to when practice sessions will be held, and when the sessions will start and finish.

Participation on an Athletic Team

It is important to understand that participation on an athletic team at St David High School is a privilege and not a right. Being on and maintaining one's membership on the team means accepting all the responsibilities of an athlete. However, unlike recreation or intramural teams, equal or

guaranteed playing time does not exist. In an effort to win, a coach will use players best suited to the conditions or demands of the contest at that time.

Practice Sessions and Games

Practice sessions are normally closed to spectators and there is a very sound reason for this. These sessions are the equivalent of a teacher's classroom and there is real, quality instruction taking place. Interruptions and interference to an athlete's concentration and focus in practice cannot be allowed any more than a disruption would be tolerated in an academic setting. Education in any setting cannot be compromised.

At St David High School, practice sessions:

- May last two hours or more.
- May start and end at different times due to the schedule of the coach or of our facilities. Check with the coach for the specific times.
- May be held on Fridays, and over holiday periods
- All practices will be mandatory.

Spectators at games, however, are very much encouraged. Positive and nurturing support of teams and athletes can be very helpful to performance in athletic contests.

Risks of Athletic Participation

In spite of protective equipment, and the supervision and sound instruction by our coaches, there are some risks associated when someone participates in athletics. Injuries in some of our activities can and do occur. In extremely rare cases, serious, life altering injuries and death could also result. All athletes and parents need to be aware and understand this possibility. At St David High School, we will do all that we can to ensure a safe and healthy environment for our athletes. It is equally important that all participants (parents and athletes) understand that there is no way that we can avoid all injuries that can occur throughout a sports season.

Sportsmanship Expectations

Acceptable Behavior

- Applaud during the introduction of players, coaches and officials
- Recognize a player's performance who has fouled out with applause from both sets of fans and with a hand shake from opponents
- Accept all decisions of officials
- Follow the lead of cheerleaders in positive school cheers in a respectful manner
- Shake hands at the end of the contest between participants and coaches regardless of the outcome
- Treat the competition as a game and not a war
- Search out and congratulate opposing coaches and players
- Applaud the performance of all participants at the end of a contest

- Show concern for an injured player regardless of which team he or she plays for
- Encourage only sportsmanlike conduct which includes class, dignity and respect

Unacceptable Behavior

- Performing disrespectful or derogatory yells, chants, songs, or gestures
- Booing or heckling an official's decision
- Criticizing officials in any way; displays of temper with an official's call
- Yelling anything that might antagonize the opponents
- Refusing to shake hands or give recognition for good performances
- Blaming loss of game on official, coaches or participants
- Taunting or name-calling to distract an opponent
- Using profanity or displays of anger that draws attention away from the game

Philosophy of Athletics

The goal of the St David High School educational program is to develop to the highest level of potential possible in the individual student.

Interscholastic athletics have an important place in the modern secondary school and are a vital part of the total educational program. Athletics have value to the participants, the student body and the community. Student involvement and participation are the keys to a successful athletic program and a foundation upon which school pride is built. **Winning is important, but its pursuit at the expense of sportsmanship and unethical conduct will not be tolerated.**

The coaches of St David High School varsity teams should strive to produce winning programs given the values of fair play, sportsmanship and constraints of time and budget. It is the coach's responsibility to develop the student's potential and obtain maximum performance. Involvement and cooperation with varsity coaches at all levels are necessary to achieve excellence at the varsity level. Junior varsity and freshman programs should stress game involvement and skill development for all players.

Student/athletes are representatives of the school and should conduct themselves in an acceptable manner at all times. They should strive for excellence in the classroom as well as in athletics. Athletes must be willing to devote the time and effort necessary to develop to their maximum physical skills and ability.

NINE DAY PRACTICE REQUIREMENTS

Each student competing in an interscholastic sports program must have had a minimum practice period of nine (9) days for Football and (5) days for all other sport(s) (exclusive of Sunday) before representing his/her school in an interscholastic contest or scrimmage.

OPEN GYM/WEIGHT ROOM

It is the school's philosophy, and each coach's philosophy, that students should participate in as many sports as possible, avoiding the notion of specialization in one particular sport. Therefore, open gym/weight room will be allowed after six o'clock during any sports season with the strict understanding that all coaches should discourage specialization in one sport, actively promoting participation in the current sports season. The administration reserves the sole right to alter this guideline to promote broad participation and adhere to the aforementioned philosophy. This open gym/weight room is for any individual wishing to participate. Athletes in a current sport are mandated to check with their head coach before participation in any open gym/weight room activity.

Anyone wishing to participate in an open gym/weight room must be directly supervised by a coach or designated supervisor approved by the administration. At no time will horseplay, unsafe actions/conduct or misuse of the equipment/facility be tolerated. Violators will be asked to leave. Such actions may cause an individual to be banned from the facilities indefinitely.

Attendance:

Any team member who misses any part of the day will not be allowed to participate in a game or activity on that date. Prior permission of the Athletic Director can be an exception to this rule. In order to ensure the safety of the participant, an illness will not be an excusable reason unless medically verified by a doctor or dentist.

Only previous arrangements with Administration can excuse any other absence.

Coaches will hand out in writing at the beginning of the season rules and policies that will be in effect for their particular sport. These policies will be made available to parents and athletes.

AIA – ARIZONA INTERSCHOLASTIC ASSOCIATION

The Arizona Interscholastic Association (A.I.A.) is a voluntary organization of the State of Arizona. Its authority has been delegated by the North Central Association to regulate and control all matters pertaining to interscholastic activities of the North Central member schools.

AIA Regulations:

ENROLLMENT RULE: Only students enrolled at a member school in grades 9 through 12, inclusive, shall be eligible for interscholastic competition, team practices and tryouts.

EXCEPTION: A homeschool student may be eligible if said student is in compliance with A.R.S. §15-802.01.

ACADEMIC RULE: A student must be enrolled in a minimum of six courses the first six semesters of high school and a minimum as determined by the district during the seventh and eighth semesters. The configuration and method of course delivery shall be as determined by the member school.

AGE LIMIT / BIRTH RECORD RULE: If a student becomes 19 years of age after September 1, he/she is eligible to compete for the remainder of that school year. If he/she becomes 19 years of age on or before September 1, he/she is not eligible for any part of that school year.

PHYSICAL EXAMINATION RULE: A student shall not be allowed to practice or compete in interscholastic athletics until there is on file with the principal or his/her designee a record of a preparticipation physical examination (PPE) performed by a doctor of medicine (M.D.), an osteopathic physician (D.O.), a naturopathic physician (N.D., N.M.D.), a certified registered nurse practitioner (N.P.) licensed to practice, a certified physician's assistant (PA-C) registered by the Joint Board Of Medical Examiners and the Osteopathic Examiners in Medicine and Surgery, or a certified chiropractic sports physician (CCSP). The physical examination for the following school year shall be given on or after March 1. The physical examination card on file shall be signed by one of the aforementioned medical providers and shall state that, in the opinion of the examining provider, the provider did not find any medical reason to disqualify the student from practice or competition in athletic contests. The principal or his/her designee, if deemed advisable, may require a student to be reexamined.

ATTENDANCE RULES: A student is privileged with eligibility for only four consecutive seasons in each sport or activity and for only eight consecutive semesters after he/she first enrolls in the ninth grade.

AUTHORITY TO DETERMINE ELIGIBILITY: The Executive Board of A.I.A. shall have the authority to determine the eligibility of a student when the student's particular status is not clearly defined in Rules of Eligibility.

SPORTSMANSHIP RULE: Ejection from a contest – If an AIA contest official determines that a coach or player has acted in an unsportsmanlike manner during a period or intermission, the coach or player may be ordered to leave the contest.

ATHLETIC CLEARANCE AND ELIGIBILITY PROCEDURES

(Applies to both Middle and High School athletes)

Responsibility When

Student: Obtains and turns into the office the following: Prior to first practice

- Athletic Participation Card- This card has several different sections that require the signature of the athlete and his parent/guardian.

Emergency Contact

Parent's Permission to participate

Consent for Emergency Care

Insurance requirements

Responsibility for care and return of athletic equipment

- A.I.A. Annual Health History- Updated each year.
- Physical Examination Summary- Required each year.
- Student/Athlete Parent Handbook- Signature page signed by student and parent/guardian.
- Hazing Policy- Signature page signed by student and parent/guardian.
- Student Interrogations, Searches, and Arrests- Signed by student.
- Concussion Awareness Test- Taken online and passed with an 80% or higher.
- Concussion Acknowledgement Form- Signature page signed by student and parent/guardian.
- Birth Certificate- Copy on file.
- Participation fee-or arrangements made with the Principal's office.

Secretary: A.I.A. Eligibility Requirements Prior to first practice

- Check grades from the previous semester.
- Verifies residency of athlete (domicile)
- Issues Practice Permit (white card) when above requirements are met.

Coach: Collects and files practice permits. Prior to first game

Turns team roster into the office.

DRESS CODE

We encourage students to take pride in their attire as it relates to the school setting. Students should dress in a manner that, in addition to the following guidelines, takes into consideration the educational environment, safety, health, and welfare of self and others.

Clothing with obscene, or derogatory language or symbols of sex, drugs or alcohol are expressly prohibited.

Shorts, skirts and dresses must be mid thigh or longer. Bare midriffs and back are not permissible. For example, halter-tops, spaghetti straps, fishnet and or jerseys worn without T-shirts underneath are not acceptable. All shirts, blouses or tops are to cover the entire midriff

and back. This includes shirts worn under overalls, halters tops, backless, string ties, crop tops and low cut, or spaghetti straps. Sleeveless blouses and shirts are acceptable as long as they come to the end of the shoulder. Tank tops will not be permitted at any time if they do not follow the above rule for a sleeveless blouse or shirt. Also clothing with gaping parts that expose the back or sides will not be allowed. Altering clothing in any manner that violates this policy is unacceptable. The student will be asked to change. Skirts, mini skirts or shorts that are deemed distracting by the faculty or staff will not be permitted. Pants and shorts must be hemmed and worn around the waist so as not to show the undergarments or flesh. No sagging! Pants should not extend beyond the heel. Clothes with holes all holes must be mid thigh or lower to be acceptable. In the interest of student safety, shoes must be worn at all times. Jewelry shall not be worn if it presents a safety hazard to self or to others. Belts must be tucked in belt loops with no “tails” hanging out.

Headgear of any kind must be taken off in classrooms. This includes but is not limited to sunglasses, caps, hats, helmets, headbands, hairnets, or visors. Due to the inherent risks to both the safety and the educational environment, bandanas will not be allowed on school property.

Additional dress requirements may be required by individual teams/coaches.

DRUG AND ALCOHOL USE

If during a season an athlete is caught in the possession of or in the act of using any form of alcoholic beverages or tobacco (smoking/chewing) by any of the school coaching, administrative or teaching staff for the first time, he/she will not be allowed to participate in the game immediately following the offense. On the second offense, the athlete will be dismissed from the squad for the remainder of the season. If a student is caught in the possession of or in the act of using drugs may result in immediate dismissal.

DRUG TESTING POLICY: The District has adopted a new drug testing policy for students who are participating in extracurricular activities. If you have any questions or concerns, please contact administration.

**J-4461 JJIE-R
REGULATION REGULATION
DRUG USE IN SCHOOL ACTIVITIES
(Random Drug and Alcohol Testing)**

CONSENT FORM

Each student who participates in an extracurricular activity (as defined in Policy JJIE) and the student's parent or guardian are required to sign and return the Consent Form prior to the

student's participation in any activity. A student who fails to sign and return the Consent Form will not be allowed to practice or participate in any extracurricular activity.

TESTING PROGRAM

Students participating in any extracurricular activity will be subject to random drug testing at the beginning and during the respective activity season. Before random drug testing begins, an orientation session will be held by appropriate school personnel to inform students of the testing procedures, privacy arrangements, and other pertinent information to assist students in understanding the process.

On a periodic basis during the course of the school year, a sampling of current extracurricular participants will be drawn for drug testing through a random selection process. Initial testing will be done with an over-the-counter screening test, conducted under the direction of the school nurse. Only if the screening test demonstrates the presence of illegal drugs will a confirmation test be done by sending a urine sample to a certified testing laboratory, which follows the standards set by the Department of Health and Human Services and is certified in accordance with the Clinical Laboratory Improvement Act (CLIA) and/or the Joint Commission of Accreditation of Healthcare Organizations (JCAHO). A second sample will be available for the student's parents to submit for independent testing, should they so desire, and at their expense. Any student who refuses to submit to random drug testing, or who deliberately avoids testing, will be in violation of the District Random Drug Testing Policy and will immediately be removed from the respective extracurricular activity.

TESTING PROCEDURES

The initial drug screening test shall be performed by the school nurse or under the school nurse's direction, using a portion of the provided sample of urine. Only if the drug screening test shows a positive result for the presence of drugs will the balance of the urine sample be divided into two samples, one for the student and/or the student's parents or guardians for testing at an independent lab of their choosing and at their cost. The other sample shall be sent for testing to a certified testing laboratory hired by the District.

The District will hire a certified testing laboratory to assist in training the school nurse and the school nurse's designees on providing an appropriate collection protocol and on how to supervise the chain of custody. All aspects of the program will be conducted in a manner that is designed to minimize the nature of intrusiveness during collection of the sample, while insuring an accurate chain of custody.

CONFIDENTIALITY AND STATISTICAL REPORTING

Test results will be kept in confidential files separate from the student's educational records and will be released to District employees on a need to know basis. Except for the purpose of parent/guardian disclosure, District employees who may have knowledge of the results of a random drug test will not release the actual physical results of the test unless directed to do so by a court of competent jurisdiction or upon receipt of a lawfully issued subpoena and after notification to the parent/guardian of the subpoena. District employees may only share their knowledge that a test was failed with law enforcement officers and then only to the extent necessary to comply with A.R.S. §13-3411.

CONSEQUENCE OF POSITIVE FINDING

If use of drugs is confirmed through the random testing program, intervention by school personnel will be initiated in the form of parental involvement, referral for counseling, and/or other measures deemed appropriate to promote the student's rehabilitation and positive behavior modification.

Additionally, the student who is the subject of the intervention shall be excluded from participating in any present or future extracurricular activity until the student and/or parent has presented proof of enrollment in a drug counseling and/or rehabilitation program and the student has presented a clean drug test. Notwithstanding the above, a student who has tested positive for drugs and who wishes to continue to participate in extracurricular activities may also be required to continue to provide "clean" drug tests for the duration of participation in any extra-curricular activities, if, in the sole discretion of the District, it is deemed to be in the best interests of the student and/or the other students participating in the activity/activities. The additional tests shall be paid for by the student and/or parent/guardian.

DISCIPLINE

St. David School coaches are expected to exercise effective disciplinary actions needed concerning any member of a team, line, or squad. Disciplinary actions which call for suspension of a participant from competition must have the approval of the administration. Participants will not be dropped from the team, line, or squad without a scheduled meeting involving the parents of the participant, the participant, and the coach. If the coach removes a player from the team, the athlete and their parents may appeal to the Administration.

ELIGIBILITY

- A. The Arizona Interscholastic Association rules of eligibility pertaining to domicile, physical examination, and season of competition will prevail for all students.
- B. Extracurricular activities are those endeavors in grades nine (9) through twelve (12), for which no credit is earned in meeting graduation or promotional requirements and are organized, planned or sponsored consistent with district policy.

Eligibility to participate in athletics and extracurricular activities must follow the following policy.

- 1) During the season of the activity, students must be eligible in all classes for which they are enrolled. Please follow the schedule below for eligibility:

Students must have at least a 60% (D) or higher in all classes to be eligible.

- There will be a grade check conducted each Tuesday at 10 am . Each grade will be based on a cumulative grading period from the beginning of the semester to the end. The end of the semester will establish a new cumulative grading period. Failure to meet the standard will remove the student from participation for the week. (Tuesday through following Monday).
- Eligibility checks will begin the 2nd Tuesday of each semester and end the last day of each semester.
- Teachers are encouraged to communicate with students each Thursday regarding their progress and academic success in order to academically maximize the opportunity of the weekend.
- **Eligibility requires students to be enrolled in at least five (5) classes for a whole semester—this does not include release time.**
- If a student drops a high school class with a failing grade during the semester; that constitutes ineligibility for the remainder of the semester.
- **Any student that has earned a referral for a category 3 violation or higher and has been found guilty of such violation will become ineligible to participate in the next official contest within a seven day period. The principal reserves the right to assess the situation and reverse any decision mandated by this policy.**

Legitimate home schooled students who reside within St David Unified School District are invited to participate in SDHS extracurricular programs. To be eligible for participation parents must provide the following; proof of residency and child's age to

the school office. In addition, parents are responsible for notifying the school office of a student's grades every Tuesday by 10 am during the sports season or extracurricular activity.. Home schooled students will be held to the same extracurricular participation guidelines as SDHS students

EQUIPMENT RESPONSIBILITY

All athletic equipment is owned and given out by the St. David Unified School District.

It is on loan to the student athlete to be used for practice and games. A fee will be charged on lost items. Athletic equipment is not bought if paid for after it is lost. The office will give back item fee if the equipment is found and returned minus the fine for late equipment return fee plus penalty.

An athlete is responsible for all equipment checked out to him/her. This equipment must be turned in at the end of the season (within 3 school days). **If the equipment is lost or the athlete fails to return the equipment, he/she will be charged an amount equal to the cost of the equipment or replacement value.** Also, the athlete will not be allowed to compete in any other sports until this equipment responsibility has been taken care of.

If an individual fails to check in his/her equipment during the three-day grace period, they will be billed for the amount of the uniform.

FEES

The cost of the entire extracurricular program of St. David Schools is well over \$100,000 per year. This expense has been borne by the District and will continue in the future, but parents and athletes are expected to support these extracurricular activities by the following:

Each participant in the extracurricular program must pay a \$40 (per season) \$100 cap per individual athlete for High School, or a \$35 (per season) \$100 cap per individual athlete for Middle School, must be paid by the first scheduled game.

Note: Any athlete that has a severe financial hardship may apply to the Principal for a waiver of part of these fees. It is expected that every athlete should try to earn at least part of these fees.

INSURANCE

Students participating in contact sports (football) must be covered by insurance. This may be a family's hospitalization policy or individual coverage.

The school does not sell insurance, but we do make available insurance information that will cover the student while he/she is at school or on a 24- hour basis.

JOINING OR DROPPING A SPORT

If an athlete quits a sport, or is suspended from the team before the season is finished, he/she may not go out for another sport until the season of the sport he/she quits is over.

Exception: Prior to the end of the first two weeks of scheduled team practice a student may change sports with the written consent of the two coaches involved. After the two weeks any other changes must be approved by the administration.

If a student would like to join a sport/team after the first two weeks (from the time the team has held their first practice) they must receive approval by the coach and by administration. Prior to participation in games or tournaments the athlete must meet the minimal conditioning requirements of ten practice sessions or more if the coach determines it is necessary.

MULTIPLE SPORT SEASONS

During seasons when more than one sport is offered, a student will be allowed to participate in only one.

Exception—Students may participate in track, cheer, or tennis and another sport offered during the spring season. The following conditions must be met:

- Students must **notify** both coaches and the Athletic Director.
- Students must have the permission of their parents or guardian.
- Students must identify which will be their primary sport in the event a conflict arises.
- In order to participate in games/matches/tournaments, the student will be required to meet a practice requirement weekly as set forth by the coach and approved by the Athletic Director.
- Students interested in participating in more than one sport must join both teams during the first two weeks of practice or receive clearance from AD/Principal.

PARENTAL PICK UP OF ATHLETES UPON RETURN TO CAMPUS:

Parents are expected to pick up their students promptly after the school transportation returns the athletes to campus. The coaches may not leave the campus until all the athletes have been picked up by responsible parties. Coaches may not transport student's home in their private vehicles. A parent who fails to make transportation arrangements for their athlete may cause the athlete to be removed from the team. Two warnings will be issued at a maximum prior to this removal.

Students will be allowed to make phone calls to parents from the school, but it should be the exception, not the rule. The master schedule will list the estimated time of arrival back to school which the parents should plan on unless they get a phone call to the contrary. Buses are equipped with cellular phones, which will be used by the adult supervisor to alert parents of any last minute changes to the return time.

Parents have the responsibility to be in the parking lot waiting for their athlete if they are picking someone up.

The middle school student trips mid-week will not involve after game stops to eat, get a drink or use the restroom. The only exception would be at the coaches' discretion after a postseason tournament or on a weekend. Coaches should inform parents of these stops.

PENALTIES FOR EJECTION

(as per AIA bylaws, school rule may be more severe)

A coach or player ejected from a contest for any reason shall be subject to the following without appeal:

First Violation: Ineligible for the next regularly scheduled contest at that level of competition and all other contests during that interim at any level. Any person ejected from a contest shall not participate the remainder of that day.

Second Violation: Ineligible for the next two regularly scheduled contests at that level of competition and all other contests during that interim at any level.

Any person ejected from a contest shall not participate the remainder of that day.

Third Violation: A similar infraction of Article 17, Section 17.3, Paragraph 17.3.1 (Ejection From A Contest) of the AIA Bylaws by the same player during the same season will result in cessation of the season for the player concerned.

End-Of-Season Violation: If a penalty is imposed at the end of the sport season and no contest remains, the penalty shall be enforced at the beginning of the subsequent season of competition in which the coach or player participates, regardless of the sport.

Leaving Bench Area: When two or more persons (including coaches, non-playing contestants and nonparticipating school personnel) leave their team's bench area to initiate a confrontation, or during an altercation in progress the following shall occur without appeal:

- The contest officials shall eject any person they determine to be in violation of the bylaws already stated.
- The contest officials may terminate the contest.
- If the contest is terminated, the team(s) that left the bench area must forfeit the contest and record a loss.
- If the contest is terminated during a tournament or post-season play, the offending team(s) will be removed from further tournament or post-season competition.

Further penalties may be imposed against the offending team(s) by the AIA Executive Board, as set forth in Article 17, Section 17.1 of the AIA Bylaws (Ejection From A Contest).

PHYSICAL EXAMS

Physical examinations are required for all students each year they participate in interscholastic activities.

Any athlete, while an active participant, who requires the service of a doctor because of injury or illness must furnish the Head Coach with a medical clearance form, signed by the doctor, before he/she may return to active participation.

SPORTSMANSHIP RULE

In an effort to promote the high standards St. David School will enforce the following participation rule:

- A student athlete that has received an unsportsmanlike foul or technical foul during a game may be suspended for a $\frac{1}{4}$ of the following game. The 2nd occurrence may be a full game suspension.
- A student athlete, their parent, or coach, may appeal these consequences if they feel that there is strong visible (video) evidence that demonstrates that the athlete was not involved in the unsportsmanlike conduct.
- Administration may add to any AIA consequences

TRANSPORTATION (EEAE-EA) (EEAE-R)

All participants representing St. David Schools must ride to and from all school activities in transportation provided by the district. In special situations, participants may ride to the activity with their parents provided the parents contact school officials to make arrangements in advance of the activity. Participants may ride home with their parents following an activity provided arrangements are made in advance with school officials or the parents see the coach personally at the activity and make arrangements to take a participant home (only their own children).

All school regulations governing student behavior on regular district bus routes will be in effect plus the following:

- Students may get on or off the transportation vehicle when their sponsor or coach instructs them to do so or at the time their sponsor or coach so designates.
- The only equipment allowed on the bus will be that equipment that applies directly to that activity.
- While on the bus individuals may:
 - Talk as long as it does not disturb another individual.
 - Sit in the seat in a manner, which will not cause unusual wear on the seat.

When both boys and girls are on the bus/van: Ladies will sit with ladies and will normally sit in the back of the bus/van. Men will sit with men and will normally sit in the front of the bus/van. The Head Coach has the prerogative to switch the seating assignments of the boys or the girls, but his/her staff must sit between the groups as minimum of supervision. When two vans are taken boys will ride in one van and girls will ride in one van.

Athletes will dress and groom appropriately when formally representing St. David School.

PARENTS COMMUNICATION AND COMPLAINT PROCEDURE

It is inevitable, because of the nature of high school athletics that students/athletes and their parents and coaches are going to have disagreements. The District would encourage parents to resolve conflict in a professional manner and attempt to follow the Chain of Command listed below. Remember, one lesson of participation is for students to learn to deal with conflict and adversity in an adult and mature manner. Therefore, the first step is:

- Student athlete to make an appointment with the coach to discuss his/her concerns, then,
- Athlete/Parent may meet with coach at an agreed upon time.
- Athlete/Parents may meet with Athletic Director (coach should be present)
- Athlete/Parents may meet with principal (all previously involved may be present)
- Athlete/Parents may meet with superintendent

When it is necessary for the athlete, parents, coaches (or others) to meet, remember the following:

- Do not expect to discuss your athlete's issues in front of others
- Do not expect to discuss issues immediately following a contest
- Do not call a coach at home
- Call the school the next day to set up an appointment with appropriate party
- If a parent is inappropriate during, or after a contest, he/she may be asked to leave

and an appointment with the administration will be held before parent is allowed to return to any home contest.

All proceedings should be documented. This information will be recorded and filed for possible reference. Administration will hold all documentation.

CHAIN OF COMMAND

If an issue arises, the following chain of command is to be utilized:

1. Athlete talks to Coach/Assistant Coaches.
2. Parents/Athletes talk to Coach/Assistant Coaches.
3. Parents/Athletes talk to the Athletic Director.
4. Parents/Athletes talk to the building Principal.
5. Parents/Athletes talk to the Superintendent.
6. Parents/Athletes talk to the School Board.

*Athletic Director/Administration may be asked to be involved at any level.